

# SACRED HEART PARISH

Catholic Diocese of Portsmouth  
Reg. Charity No. 1199568



## THIRD SUNDAY OF LENT - Year B - 3 March 2024

**Priest in Charge:** Fr. John Chadwick

**Parish Administrator:** Mrs Jan Hughes

**Phone:** 01256 577007/07719 012955

**Website:** www.sacredhearthook.org

**Office open Monday, Tuesday, & Friday mornings**

**email:** office@sacredhearthook.org

**Facebook:** facebook.com/sacredhearthook

**Safeguarding Minister:** Mrs Maggie Wood

**email:** safeguarding@sacredhearthook.org

**PPC Chairman:** David Brown

via the parish office

Sacred Heart Church, The Priests House, London Road, Hook, Hampshire RG27 9LA

**St Vincent De Paul Society (SVP)** now have a confidential mobile phone line to assist & help. 07434 773219.

**Please note we now have CCTV Cameras around the premises for security purposes.**

### MASS TIMES

Mass in the Convent on Monday mornings at 9:30am

Daily Eucharistic Service at Maryfield Convent at 10:00am (Tues, Thurs & Fri)

### THIRD SUNDAY OF LENT

Saturday 2 Mar	6:00 pm	Mass	Maria Martha Rattos RIP	
Sunday 3 Mar	10.00 am	Mass	Graham Kennedy RIP	Live Streamed
Monday 4 Mar	9:30 am	Mass		In the Convent
Wednesday 6 Mar	10.00 am			In the Convent

### FOURTH SUNDAY OF LENT

Saturday 2 Mar	6:00 pm	Mass	Tim & Margaret Coulfield RIP	
Sunday 3 Mar	10.00 am	Mass	Doreen Berrill RIP	Live Streamed
Monday 4 Mar	9:30 am	Mass		In the Convent
Wednesday 6 Mar	10.00 am			In the Convent

### MASS INTENTIONS

If you would like a Mass Intention, please contact Jan in the Parish Office on 01256 577007 or email: office@sacredhearthook.org for more information.

### CONFESSIONS AND SACRAMENT OF THE SICK

Father John is available after Mass to celebrate Confessions or the Sacrament of the Sick. Please see Father after Mass if you require either of these sacraments.

### REPOSITORY

Please check out our repository in the porch. If there is anything you would like please ask Cecile or the Parish Office.

### DONATIONS TO THE PARISH

The easiest way to make a donation to the Parish is Online at: www.sacredhearthook.org/donations or via our new contactless terminal located by the back of the Church.

To set up a Standing Order, our bank account details are: Lloyds Bank A/C number 00880117: Sort Code: 30 93 04 Name: CDP Sacred Heart Hook (Please also use this for cheque payments)

### **PLEASE PRAY FOR ALL THE SICK IN OUR PARISH**

Lord, have all those who are unable to be with us at Mass in Your safekeeping as we remember:



Joan Coleman, Debbie Cavedon, Jacob Weston, Mike Murch, Charlie Carruthers, Fr Kevin Delaney, Fr Don Clement, Fr Paul Leonard, Ken Musgrave Patrica Ringrose-Voase, David Xavier & Tony Hopgood

### **REST IN PEACE**

Please pray for the soul of Michael John Hartnett RIP, who died recently. His Funeral will be on Thursday 14 March at 13:30 in Sacred Heart Church.

Please keep his family and friends in your prayers



*May his soul and the souls of all the faithful departed, through the mercy of God, Rest in Peace. Amen*

### **WELCOME**

A very warm welcome to all parishioners and visitors who join us. If you are new to the area, please contact the Parish office to register as a member of our Parish

### **THE SACRISTY**

Is a place of prayer and contemplation and should be an oasis of calm, before and after Mass. The Priest and Servers need time and space in order to prepare themselves for The Holy Sacrifice of the Mass. Please respect this and refrain from visiting the Sacristy in the last 15 mins before Mass.

### **Have you ever wondered what you can do with an empty presbytery?**

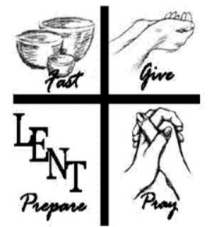
There have been discussions with the team who own and run the St John's Pre-School in Hook to rent out the empty presbytery in order to run an additional Pre-School here at the Sacred Heart. With some changes to the building this could prove an excellent use of the space, an important regular income for the Church as well as providing an opportunity for a number of local families to find increasingly rare early years provision as well as enhancing our name within the Hook area. Sarah Brown, one of the owners, and long-time member of the congregation here, will be introducing the proposal to us all at the Masses this weekend. Please do take a moment to listen and read the proposal letter which will be available to take away. Any feedback to be shared with the Parish Office.

### **DIOCESAN RECRUITMENT**

For details of all the latest job vacancies across the Diocese please click the link:  
[www.portsmouthdiocese.org.uk/about-us/other/jobs/](http://www.portsmouthdiocese.org.uk/about-us/other/jobs/)

### **LENT 2024**

Lent is a time to prepare for Holy Week's commemoration of Our Lord's Passion, Death and Resurrection.



### ***Every Friday in Lent***

*12:00 noon Stations of the Cross in the church followed by a Simple Lunch*

### ***Every Sunday in Lent***

4:00 pm The Way of the Cross in Maryfield Convent

### **LITURGY OF THE WORD**

#### **Third Sunday in Lent**

**First Reading** Exodus 20: 1-17



**Responsorial Psalm:** Psalm 18

**You, Lord, have the message of eternal life.**

**Second Reading:** 1 Corinthians 1 : 22 - 25

#### **Gospel Acclamation**

**Praise to you, O Christ, king of eternal glory!  
I am the resurrection and the life, says the Lord,  
Whoever believes in me will never die.  
Praise to you, O Christ, king of eternal glory!**

**Gospel** John 2: 13 - 25

### **MARYFIELD CONVENT**

#### **EXPOSITION OF THE BLESSED SACRAMENT**

Divine Mercy chaplet followed by the Holy Rosary will take place in the Convent Chapel at 3pm on Fridays. Everyone is welcome

#### **COME AND WATCH WITH ME**

Visiting Our Lord in the Blessed Sacrament is one of the Six Holy Habits.

- Spending five minutes a day in prayer
- Attending Mass on Sunday
- Keeping Friday as a day of penance
- Paying a fortnightly visit to Jesus in the Blessed Sacrament
- Going to confession once a month
- Joining a small group for formation, prayer and fellowship

### **MARYFIELD CONVENT**

#### **FAITH SHARING PRAYER MEETING**

First Tuesday of the month.

Next meeting—Tuesday 5th March 10:30am  
in the tea room

#### **ADORATION FOR PEACE**

Tuesday evenings 7:30—8:30pm

## **'LEANING INTO LENT 2024'**

**at the Hogget, London Road, Hook**

<https://thehogget.co.uk/>

7<sup>th</sup> March 7-9pm - *Where is the Holy Spirit?*

14<sup>th</sup> March 7-9pm - *The Church is catholic?*

21<sup>st</sup> March 7-9pm - *Forgiveness, Life and Love.*

*Dear Brothers and Sisters, just wanted to flag the above to you for your diaries. If you are anything like me, Lent creeps up seemingly out of nowhere every year to be met with little enthusiasm. This year I thought we could collectively take a little more time to gently lean into this Grace-filled season, so that we can be best placed to receive the Lord's blessings this Easter.*

*The evenings will be loosely framed around our faith set out in the Apostles Creed. We will spend a little time with God's Word, some input from me around the stated theme for the week. Then an interview with a surprise guest who will generously share something of their own faith journey with the rest of us.*

*Father John C*

## **CLOSER TO CHRIST CAMPAIGN IN SACRED HEART**

I am very pleased to share that £15,675 has been pledged by 9 families in our parish towards the Closer to Christ campaign. We set out two months ago to raise £50,000 in pledges which shall help support our clergy and provide our parish with the funds necessary for the future. As such, we are well on the road to success!

By now, you should have received a information pack in the post regarding this campaign. If you have not received one, please feel free to pick up an extra pack from the back of the church along with our campaign update newsletter. For all those who are considering their support of the campaign in Hook, I would kindly request that you drop back your pledge forms either to the Parish Office or via post to the Campaign Office at your earliest convenience.

Fr. John Lee

## **STATIONS OF THE CROSS AND LENTEN LUNCH**

During Lent the UCM will be celebrating the Stations of the Cross in the Church at 12 noon on Friday's followed by soup and bread in the Church Hall. Voluntary donations will be given to CAFOD. Everyone is invited, so please do come along and feel free to bring a friend, to both or either to the Stations or just lunch

There are 6 Fridays

8<sup>th</sup> March, 15<sup>th</sup> March & 22<sup>nd</sup> March

## **CARITAS PORTSMOUTH**

**Caritas Appeal for Easter Eggs** We will be collecting Easter Eggs again this year so that Caritas can share these out amongst families who would otherwise go without.

**Thank you.**

### **Wanting to Volunteer?**

Caritas Portsmouth supports parishes and schools to become the 'church beyond walls' to help meet the needs in our local communities. Our volunteer team help make this happen, by running and supporting specific projects, promoting our work within the parish/community and fundraising so we can get new projects off the ground. We would be delighted if you would join us. Please visit our website (<https://caritas.org.uk/act/>) or email us at [caritas@portsmouthdiocese.org.uk](mailto:caritas@portsmouthdiocese.org.uk)

### **LiveSimply Award**

If you or your parish are interested in living more simply, sustainably and in solidarity with the poor, come along to the Caritas Online Networking Lunch on **Tuesday 5<sup>th</sup> March from 12:30-1pm** where we will be joined by Jo Lewry from CAFOD to tell us more about the **LiveSimply Award**. Everyone welcome, you can register at <https://caritasportsmouth.org.uk>

### **Church Beyond Walls Workshop**

We have put together a workshop to help guide parishes to start to answer the question 'What does Poverty look like in my pastoral area?'. Following the See-Choose-Act pathway the workshop gives a parish the opportunity to explore what poverty is and how it impacts people locally, consider what gaps in support exist in the community, what gifts and resources are available within the parish and then start to discern and plan a response in line with Catholic Social Teaching. Ideal for parishes or pastoral areas. Please pass on to any clergy or parish teams who are looking to start reaching out into the community and become the church beyond walls. For further information or to plan a workshop please get in touch with Jenny at [caritas@portsmouthdiocese.org.uk](mailto:caritas@portsmouthdiocese.org.uk).

### **Environmental Actions**

This spring, Caritas is focusing on our need to Care for Our Common Home— how we can use our grounds to both increase biodiversity as well as saving water and energy. We are just finishing resources so watch out for updates on the Intranet and via admin news and please circulate to any interested groups and parishioners. +



## Second Sunday in Lent – 2024 –

**Are you Listening!** Many of you know that I have been living with Long Covid since March 2020. One aspect of the struggle concerns reduced oxygen levels. A couple of years ago my physio encouraged me to use this at night-time. Sue taught me that when we breathe through our noses oxygen levels increase significantly, even by as much as 70%. As a result, most people will wake up feeling bright and energetic! In addition, no snoring! Now this tape is special. It's not available at Boots or Superdrug, but is available for a short time only at [chadwick.com](http://chadwick.com)! J One draw-back of applying the tape is you're not able to speak - some might consider this during the day?? J Lent and Advent give us an opportunity to tape up our mouths, to stop talking, so that we can hear God talking.

*"This is my Son, whom I love. Listen to him!"*

Truly listening to God involves more than our ears. It involves our whole disposition, our hearts, where our desires live. The attitude of truly listening will result in the Holy Spirit touching our hearts, which will move our minds to change direction. This is repentance Brothers and Sisters; a change of heart; a change of mind; and a change of direction, to live differently after the pattern Jesus gave us.

My heart was touched this week when I visited Joseph, just six weeks old. Young Joseph was literally laying on the hands of his father, also called Joseph. Their eyes were locked. It was an everyday moment, yet it was a sacred moment. Lent is a time to be held by God, to fix our eyes on our Father who reveals Himself in the everyday, as well as on mountain peaks.

Take some time this week to increase your spiritual oxygen levels. Use some tape, turn the tele or the car radio off for just a minute or two, to **Listen** to the God who made you, the God who loves you.

Mark 9:2-10

The Transfiguration

After six days Jesus took Peter, James, and John with him and led them up a high mountain, where they were all alone. There he was transfigured before them. His clothes became dazzling white, whiter than anyone in the world could bleach them. And there appeared before them Elijah and Moses, who were talking with Jesus. Peter said to Jesus, "Rabbi, it is good for us to be here. Let us put up three shelters—one for you, one for Moses and one for Elijah." (He did not know what to say, they were so frightened.) Then, a cloud appeared and covered them, and a voice came from the cloud: "This is my Son, whom I love. Listen to him!" Suddenly, when they looked around, they no longer saw anyone with them except Jesus. As they were coming down the mountain, Jesus gave them orders not to tell anyone what they had seen until the Son of Man had risen from the dead. They kept the matter to themselves, discussing what "rising from the dead" meant.

### **THE DIVINE MERCY APOSTOLATE, LONDON**

is holding a Divine Mercy Lenten Retreat 2024

At ST MICHAEL & ST GEORGE, The Cathedral Church of the Bishop of the Forces, Queen's Avenue, Aldershot, Hampshire, GU11 2BY on Saturday 9 March 2024 from 11 am to 4 pm led by the Marian Fathers. The Retreat will include teachings on the Message of Mercy, Stations of the Cross, Holy Mass, Hour of Mercy with Adoration and Benediction and Veneration of the Image of Merciful Jesus. All Welcome. Please call Millie on 07957594646 for more information

### **PLEASE PRAY FOR VOCATIONS**

Are you considering being a priest? Contact Canon John Cooke: [portsmouthvocations.org.uk](http://portsmouthvocations.org.uk) / tel: 01329 318 86

**Praise, Worship and Hospitality** Canon John Cooke

*invites you to join Sacred Heart Parish, Fareham and Portchester for Praise & Worship Evenings at 7.30pm on the third Friday of each month...*

### **ADoRE spiritual mini-retreat**

23<sup>rd</sup> March 10.00-1.00 "MADE HOLY BY JESUS - I no longer live but Christ lives in me." Including Mass, Adoration, Praise, Prayer for the gifts of the Holy Spirit and inspiring guest speaker **Jenny Baker**. Please register for the Zoom meeting in advance at [bit.ly/ADOREMAR2024](http://bit.ly/ADOREMAR2024) More information at [www.altonrenewal.com](http://www.altonrenewal.com)